



Child Development Today

What can Aspire do for you?

The Aspire Registry is an online system that supports early childhood professionals and recognizes the valuable work that you do! We are working to bring increased recognition and professionalism to the early childhood field across New York.

What the Aspire Registry can do for you:

- Provide you with a free online professional portfolio
- Keep a record of your education, employment, and professional development all in one place
- Help you find and register for training and professional development

What the Aspire Registry can do for the early childhood field:

- Bring increased recognition, professionalism, and compensation to the early childhood field
- Collect important data to influence policy decisions

Visit this link to find out more and to get registered: <https://www.nyworksforchildren.org/>

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HOW TO CONTACT US

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📘 Child Development Council
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Build-a-Bear Pancakes

8 Servings- 1 bear pancake is creditable in meat/ meat alternate, grains, fruit



Instructions

1. Prepare 8 pancakes according to the instructions on the pancake mix box.
2. For each child, serve on a plate (1 pancake), 1 Tbsp of peanut butter, a banana and 3 blueberries.
3. With a plastic kid knife, allow children to make their own bear face on their pancake! Children can spread nut or seed butter, slice bananas, and assemble the bear face.



Ingredients

- 100% whole wheat pancake mix
- 1 cup 1% or non-fat unflavored milk
- 1 large egg
- 1/2 cup nut or seed butter
- 8 bananas
- 24 blueberries

Baby Your Baby with Homemade Food

Apple, Spinach, Kiwi Puree

4 cups apple, 1 cup baby spinach, 1/4 kiwi

Peel and slice apples. Place into medium sauce pan with enough water to cook. Bring to a boil and cook for 10 minutes. Wash and thinly slice spinach. Add spinach into sauce pan with apples and cook for 20 more seconds until spinach is soft. Drain. Peel kiwi and chop into chunks. Place apples, spinach and kiwi into food processor and blend until smooth.



Interested in receiving reimbursements for serving nutritious meals and snacks to the children in your care?
Interested in training and other resources free of cost?
Call us and ask about CACFP!

NYS Pyramid Model Framework Training

If you are an educator, administrator, or leader working with or on behalf of children ages birth through 8, this is for YOU!

Emotional well-being and social skills are the foundation for the development of knowledge and skills in all other developmental domains. The Pyramid Model is a conceptual framework of evidence-based practices for promoting young children's healthy social and emotional development.

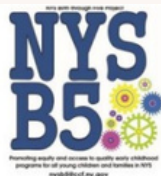
To schedule in person Pyramid Model training contact Lisa Potter at 607-273-0259 ext. 233 or lisa@childdevelopmentcouncil.org.

You can also locate upcoming virtual training events by visiting the NYS Pyramid Model website to view the full calendar and registration links.

<https://www.nyspyramidmodel.org/training-topics-available>

Modules 1a, 1b, 1c are for all Providers regardless of the age group they work with. These first sessions create a common foundation for how we promote relationships, talk about behaviors and consider different perspectives.

More Pyramid training opportunities coming in the new year!



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Council on Children
and Families



Training Calendar January- March 2024

Ongoing Financial Management

Thursday, January 18, 2024: 6:00pm- 8:00pm

In this course, participants will learn how to establish solid financial record keeping practices for their child care businesses. This will include developing an accounting system, learning the difference between income and expenses, learning proper documentation and record keeping for all revenue and expenses, and establishing baseline revenue and expenses for their individual child care programs.

Instructor: Lisa Potter

OCFS Categories: 3,5

Location: Tompkins Office

Adverse Childhood Experiences (ACEs)

Tuesday, January 23, 2024: 6:00- 8:00pm

This training will give childcare providers a better understanding of Adverse Childhood Experiences (ACEs) and strategies that can be used in their programs to reduce the impact of ACEs.

Instructor: Lisa Potter

OCFS Categories: 1,3,10

Location: Zoom

Super Saturday: Creating a Safe & Healthy Environment

Saturday, February 10, 2024: 9:00am- 10:30am

This training will examine safety and health practices required in our child care programs. Participants will practice daily health checks, handwashing, diapering, and gloving. Participants will prepare for cleaning, sanitizing and disinfecting as well as procedures for a medical emergency.

Instructor: Lisa Potter

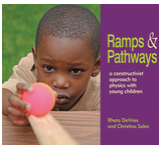
OCFS Categories: 2, 3, 4, 7

Location: Cortland Office

Super Saturday: Ramps & Pathways

Saturday, February 10, 2024: 10:45am- 12:15pm

In this hands-on training participants will explore ramps and pathways. Together we will focus on this child directed verses adult directed STEM opportunity. The first 10 participants to register and attend our Super Saturday training receive a copy of "Ramps & Pathways" by Christina Sales and Rheta DeVries.



Instructor: Lisa Potter

OCFS Categories: 1, 3

Location: Cortland Office

To register for training: call (607) 273-0259 or
email training@childdevelopmentcouncil.org

The Child Development Council is happy to offer convenient on-site training for child care programs. Our Team is available to travel to your program, or provide a Zoom link, and teach one of our many training workshops to your staff.



Training Calendar

January- March 2024 Part 2

Pediatric and Adult CPR, First Aid & AED

Saturday, February 17, 2024: 9:30am- 4:30pm

This course will prepare you to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat/cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who successfully complete this course will receive certificate for the National Safety Council Adult and Pediatric First Aid/CPR/AED valid for two years. All materials will be provided.

Instructor: Julie Henry

OCFS Categories: 2, 4

Location: Tompkins Office

Preparing for Transitions

Tuesday, February 27, 2024: 6:00pm- 8:00pm

In this training, participants will discuss the importance of working with children during times of transition. Together we will develop ways to help children and their families cope with transition throughout their day.

Instructor: Lisa Potter

OCFS Categories: 1, 3

Location: Zoom

Pediatric and Adult CPR, First Aid & AED

Saturday, March 16, 2024: 9:30am- 4:30pm

This course will prepare you to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat/cold emergencies and how to respond to breathing and cardiac emergencies to help victims of any age - adults (about 12 years and older) and pediatric (infants and children up to 12 years of age). Participants who successfully complete this course will receive certificate for the National Safety Council Adult and Pediatric First Aid/CPR/AED valid for two years. All materials will be provided.

Instructor: Julie Henry

OCFS Categories: 2, 4

Location: Cortland Office

Child Abuse and Maltreatment with Shaken Baby Syndrome

Tuesday, March 19, 2024: 6:00-8:00pm

In this training participants will be able to discuss their roles as mandated reporters and demonstrate how to document and make a call to the State Central Register. Together we will examine the physical and behavioral indicators of child abuse, maltreatment, and shaken baby syndrome.

Instructor: Lisa Potter

OCFS Categories: 5, 6, 8, 9

Location: Zoom

To register for training: call (607) 273-0259 or
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Regulations Reminder!



Understanding the importance of mixing solutions properly:

It is essential for the right solution to be used for the right job. More is NOT better; meaning that using more bleach can actually leave behind a toxic residue that is dangerous to children. This is also why it is important to be sure that the spray solutions are marked properly and used only on the type of surface for which it is intended.

Visit this link for tips and tricks on how to meet this regulation:

<https://ocfs.ny.gov/main/childcare/assets/May%202013%20Understanding%20Recent%20Changes%20to%20Bleach.pdf>



Appendix E of the Health Care Plan (OCFS-LDSS-7020)

Meet Our Team



Meet our Child Care Specialist- Legally Exempt *Jessica Mazur*

"I love working for the Child Development Council because it allows me to support families and providers in our community. Every family is entitled to quality affordable childcare and I'm proud to be a part of ensuring they receive it."

A random fact about Jessica is that her favorite tree is an oak tree.

Current Child Development Council Team

Administrative:

Dara Gray
Diane Feldman
Margaret Tinker
Melissa Perry

Child Care Resource and Referral:

Alexxis Strauf
Ann Turcsik
Anne Withers
Barb Mechalke
Becky Howe
Jessica Mazur
Joanie Slatoff
Lisa Potter
Ruth Williams
Sara Sandritter
Sue Sopp
Vickie Mundy- Hebert

Family Services:

Amy Riotto
Beth Zimowski
Jessi Soto-Moyer
Lisa Drake
Malinda Rees
Michael Hoit
Sarah Kunz

