



# Child Development Today

## Child Development Council is now offering



## Health and Safety Training!



This competency-based training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care applicants in New York State prior to licensure or registration, as well as for existing family or group family day care providers who change location or modality. This course is required for all new FDC and GFDC providers by NYS OCFS.

You must attend all sessions to earn your certificate. See our training page for dates and location. To sign up for this course you must be registered with PDP first.

Instructor: Lisa Potter

Fee: \$250

15 Credit Hours

How to Register with PDP

1. Go to <https://www.ecetp.pdp.albany.edu/> and create an account. You'll need an email address and your Facility ID# to create a username and password.
2. Once your account is created, go to <https://www.ecetp.pdp.albany.edu/findtraining.aspx> and search for Health & Safety with Lisa Potter and click "Apply for this Training."
3. After signing up on PDP, you will be emailed a payment link.

## What's inside?

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 Page 3- About Pyramid Model Framework  
 Page 4 & 5- Fall 2023 Training Calendar  
 Page 6- Regulations Reminder & Meet Our Team



## HOW TO CONTACT US

- 📍 609 West Clinton Street, Ithaca, 14850
- 📍 100 Grange Place, Rm 205, Cortland, 13045
- 📞 607-273-0259
- ✉ [Info@childdevelopmentcouncil.org](mailto:Info@childdevelopmentcouncil.org)
- 🌐 [www.childdevelopmentcouncil.org](http://www.childdevelopmentcouncil.org)
- 📘 Child Development Council
- 📷 @child.development.council.cny

# Baked Gluten-Free Oatmeal Cups

12 Servings- 1 Oatmeal Cup is equal to 1 whole grain serving

## Instructions

1. *Spray muffin tins with gluten-free cooking spray or use muffin liners.*
2. *In a large bowl mash bananas.*
3. *Add milk, eggs, vanilla, molasses and whisk together.*
4. *Add sugar and stir to combine.*
5. *Add gluten-free oatmeal, salt and cinnamon and stir to combine.*
6. *Add fruit to the batter and fold in to combine.*
7. *Scoop batter into muffin tins*
8. *Bake for 20 minutes at 400 degrees Fahrenheit (or when touched the oatmeal cup springs back).*

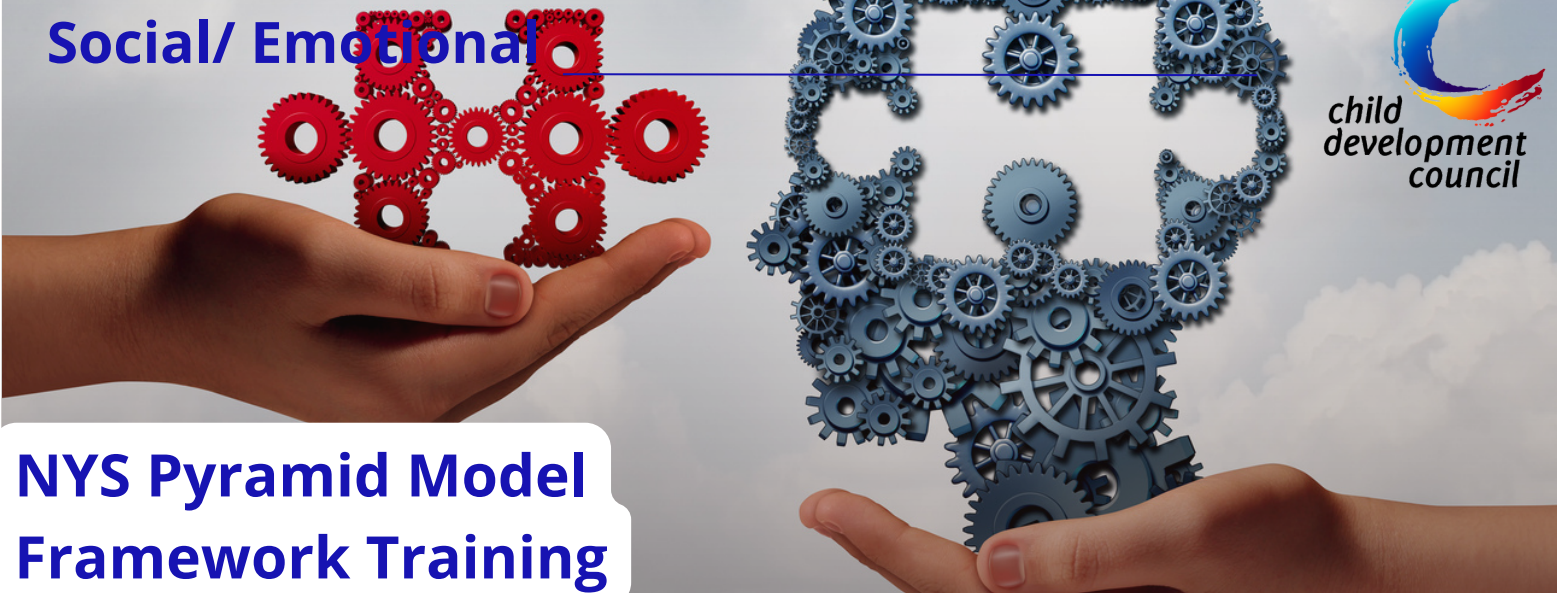
*Can make ahead and freeze!*



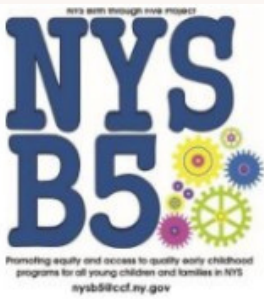
## Ingredients

- 2 cups gluten-free old fashioned oats
- 2 large very ripe bananas (mashed)
- 2 eggs (whisked)
- 1 Tablespoon cinnamon
- 1/4 Teaspoon salt
- 1 Tablespoon of pure vanilla extract
- 1 1/2 cup of diced fresh apples
- 1 Teaspoon dark molasses (optional)

Interested in receiving reimbursements for serving nutritious meals and snacks to the children in your care? Interested in training and other resources free of cost? Call us and ask about CACFP!



## NYS Pyramid Model Framework Training



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Council on Children  
and Families

Modules 1a, 1b, 1c are for all Providers regardless of the age group they work with. These first sessions create a common foundation for how we talk about behaviors and consider different perspectives.



**Module 1a- 4 hrs**  
The Development of Social Emotional Skills in Young Children

**Module 1b- 2 hrs**  
The Language of Behavior

**Module 1c- 4 hrs**  
Nurturing & Responsive Relationships



# Training Calendar

## November - December 2023

### ***NYS Pyramid Model Module 1a: The Development of Social Emotional Skills in Young Children- Part 1*** **Wednesday, November 1, 2023: 6:00pm- 8:00pm**

This 2-part module focuses on the elements of the Pyramid Model Framework, early brain development and understanding cultural influences on expectations regarding early childhood development and behaviors. This module is appropriate for child care providers working with children ages birth to age 8. To receive training credit, you must attend both sessions.

**Instructor: Lisa Potter**

**OCFS Categories: 1, 3**

**Location: Tompkins Office**

### ***Super Saturday: Child Abuse and Maltreatment with Shaken Baby Syndrome*** **Saturday, November 4, 2023: 9:00-10:30am**

In this training, participants will be able to discuss their roles as mandated reporters and demonstrate how to document and make a call to the State Central Register. Together we will examine the physical and behavioral indicators of child abuse, maltreatment, and shaken baby syndrome.

**Instructor: Lisa Potter**

**OCFS Categories: 5, 6, 8, 9**

**Location: Tompkins Office**

### ***Super Saturday: STEM***

#### **Saturday, November 4, 2023: 10:45am- 12:15pm**

In this training, participant will spend hands on time with STEM materials and together develop ways to include Science, Technology, Engineering, and Math into the child care program.

**Instructor: Lisa Potter**

**OCFS Categories: 1, 3**

**Location: Tompkins Office**

### ***NYS Pyramid Model Module 1a: The Development of Social Emotional Skills in Young Children- Part 2*** **Wednesday, November 8, 2023: 6:00pm- 8:00pm**

This 2-part module focuses on the elements of the Pyramid Model Framework, early brain development and understanding cultural influences on expectations regarding early childhood development and behaviors. This module is appropriate for child care providers working with children ages birth to age 8. To receive training credit, you must attend both sessions.

**Instructor: Lisa Potter**

**OCFS Categories: 1, 3**

**Location: Tompkins Office**

### ***Supervision of Children***

#### **Wednesday, November 15, 2023: 6:00-8:00pm**

In this training, participants will be able to examine the Supervision section of the OCFS Regulations and implement positive supervision practices by working through scenarios. Together, we will assess the supervision practices in our child care programs.

**Instructor: Lisa Potter**

**OCFS Categories: 3, 4, 7**

**Location: Zoom**

To register for training: call (607) 273-0259 or  
email [training@childdevelopmentcouncil.org](mailto:training@childdevelopmentcouncil.org)

The Child Development Council is happy to offer convenient on-site training for child care programs. Our Team is available to travel to your program, or provide a Zoom link, and teach one of our many training workshops to your staff.



# Training Calendar

## November- December 2023 Part 2

### ***Business and Financial Structure***

**Tuesday, November 21, 2023: 6:00pm- 8:00pm**

In this course, participants will learn about the history of child care licensing in New York State, the different child care modalities recognized in NY state, different types of business entities, and the Iron Triangle formula for financial stability of child care programs

**Instructor: Lisa Potter**

**OCFS Categories: 3, 5**

**Location: Cortland Office**

### ***Health & Safety Training: Competencies for Becoming a Family or Group Family Day Care Provider***

**November 28, 29, 30, December 5, 6, 7, 2023: 9:00am-1:00pm**

This competency-based training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion of this course is required for all new family or group family day care applicants in New York State prior to licensure or registration, as well as for existing family or group family day care providers who change location or modality. This course is required for all new FDC and GFDC providers by NYS OCFS. You must attend all sessions to earn your certificate. Please see page 1 for instructions on how to sign up.

**Instructor: Lisa Potter**

**OCFS Categories: 2, 4, 5, 6, 7, 8, 9**

**Location: Cortland Office**

### ***Challenges with Biting***

**Thursday, December 14, 2023: 6:00-8:00pm**

Why is a child biting? The answer is often "it depends". In this training, participants will be able to examine reasons why children may be biting. Together we will design strategies to help prevent these biting occurrences.

**Instructor: Lisa Potter**

**OCFS Categories: 1, 3, 4**

**Location: Zoom**

### ***NYS Pyramid Model Module 1b: The Language of Behavior***

**Tuesday, December 19, 2023: 6:00-8:00pm**

This module focuses on developing the understanding that all behavior is a form of communication and must be interpreted in the content of temperaments and the developmental continuum. This module is appropriate for child care providers working with children ages birth to age 8.

**Instructor: Lisa Potter**

**OCFS Categories: 1, 3**

**Location: Tompkins Office**

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# Regulations Reminder!



It's that time of year again! As the cold weather creeps in, germs start to spread.

Handwashing is an easy effective way to stop the spread of germs. Child care providers and children are required to thoroughly wash their hands with soap and water for a duration of 20 to 30 seconds. Handwashing must occur at the beginning of each day, before and after handling food or eating, after toileting or changing a diaper, when coming inside from outdoors, after contact with any bodily secretion or fluid, after handling animals, and whenever needed to help prevent the spread of germs.



**Help keep the children and you feeling your best!  
Wash your hands!**

Child Day Care Centers- 418-1.11(i)(1) & (2)  
School-Age Child Care- 414.11(i)(1) & (2)  
Group Family Day Care- 416.11(i)(1)&(2)  
Family Day Care- 417.11(i)(1)&(2)

## Meet Our Team

### Meet our Child Care Specialist- Legally Exempt Sara Sandritter



"I chose to work for the Council because I am passionate about helping people, and making lives as easy as possible. The Council's mission is one that really touched me, because it is very close to my personal mission as well. The Council genuinely goes above and beyond to help families and children, and I am very proud to be a part of that."

A random fact about Sara is that she loves to write and aspires to write a book one day!

## Current Child Development Council Team

### Administrative:

Dara Gray  
Diane Feldman  
Margaret Tinker  
Melissa Perry

### Child Care Resource and Referral:

Alexxis Strauf  
Ann Turcsik  
Anne Withers  
Barb Mechalke  
Becky Howe  
Darla VanOstrand  
Jessica Mazur  
Joanie Slatoff  
Lisa Potter  
Ruth Williams  
Sara Sandritter  
Sue Sopp  
Vickie Mundy

### Family Services:

Amanda Spaulding  
Amy Riotto  
Beth Zimowski  
Jessi Soto-Moyer  
Lisa Drake  
Malinda Rees  
Michael Hoit  
Sarah Kunz  
Symphony Howe

