

CACFP Menu Form

PROVIDER'S PHONE: _____

PROVIDER'S NAME: _____

WEEK OF: _____

APPROVED BY: _____

| 1 Year through 12 Years | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|---|---------------|----------------|------------------|-----------------|---------------|
| BREAKFAST | Milk | | | | | |
| | Vegetable or Fruit | | | | | |
| | Grain | | | | | |
| | Meat/Meat Alternate may replace grain ≤3x per week | | | | | |
| AM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| LUNCH | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| PM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| SUPPER | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| EVE SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
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|--------------------------------|---|---------------|----------------|------------------|-----------------|---------------|
| BREAKFAST | Milk | | | | | |
| | Vegetable or Fruit | | | | | |
| | Grain | | | | | |
| | Meat/Meat Alternate may replace grain ≤3x per week | | | | | |
| AM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| LUNCH | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| PM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| SUPPER | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| EVE SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
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|--------------------------------|---|---------------|----------------|------------------|-----------------|---------------|
| BREAKFAST | Milk | | | | | |
| | Vegetable or Fruit | | | | | |
| | Grain | | | | | |
| | Meat/Meat Alternate may replace grain ≤3x per week | | | | | |
| AM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| LUNCH | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| PM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| SUPPER | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| EVE SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
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|--------------------------------|---|---------------|----------------|------------------|-----------------|---------------|
| BREAKFAST | Milk | | | | | |
| | Vegetable or Fruit | | | | | |
| | Grain | | | | | |
| | Meat/Meat Alternate may replace grain ≤3x per week | | | | | |
| AM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| LUNCH | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| PM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| SUPPER | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| EVE SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
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| 1 Year through 12 Years | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------------------|---|--------|---------|-----------|----------|--------|
| BREAKFAST | Milk | | | | | |
| | Vegetable or Fruit | | | | | |
| | Grain | | | | | |
| | Meat/Meat Alternate may replace grain ≤3x per week | | | | | |
| AM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| LUNCH | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| PM SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |
| SUPPER | Milk | | | | | |
| | Vegetable | | | | | |
| | Vegetable or fruit | | | | | |
| | Grain | | | | | |
| | Meat or meat alternate | | | | | |
| EVE SNACK | Choose two of these five: Milk Fruit Vegetable Grain Meat or meat alternate | | | | | |
| | | | | | | |