

Parenting Page

Child Development Council
Offices in Cortland and Tompkins Counties
607.753.0106 or 607.273.0259

Baby, It's Cold Outside

Chillax! With winter finally making its appearance, let's make the most of these frigid temperatures. Here are some ideas to inspire some good-old family fun!

Create!

Ice Ornaments

Go on a nature hunt and find interesting natural elements. Empty your findings in a bowl and fill with water. Add a string to the bowl and leave a few inches out (this will serve to tie the ornament once it is frozen). If weather permits, leave the bowl out to freeze overnight. If it is not cold enough, place it in the freezer. Hang them outside and enjoy (just don't be too sad when they thaw - it's all part of the process).



The Chef's Corner

Healthy Snowman Snack



Ingredients:

Thin bagels
Cream cheese
Raisins (top hat)
Dried cranberries
Chocolate chips
Baby carrots
Pretzel rods
Blueberries

Process:

Spread the cream cheese on the bagel and invite the children to create snowman faces with the ingredients!

Bon Appetit!

Celebrating WEEK of the YOUNG CHILD

Kidsville

Saturday, April 16th

10 am - 1 pm

NYS Grange Headquarters

100 Grange Place, Cortland

Kidsville- the place where Cortland County comes together with hands-on fun and information for young children and their families.

The Child Development Council is planning Children's Artwork Displays around the county. Stay tuned for locations.

Bulletin Board

Play!

Busy baby/toddler playgroup on Sundays at the Varna Community Center (943 Dryden Road).

The playgroup is mostly geared toward mobile/active babies and toddlers (and their parents!) to play and socialize in an unstructured setting. The playgroup will meet from 10:00 am to 11:00 am on Sundays - except for every second Sunday when the Varna Community Pancake Breakfast is being held. The playgroup dates are listed on the Varna Community Center Calendar. Join the playgroup list serve to be aware of any updates or cancellations-please email jkb36@cornell.edu. FREE

Learn!

Parents Apart is a workshop for parents who want to learn how to help their child(ren) adjust during separation and divorce.

These 6 hour workshops are held once a month alternating between two Monday evenings from 6-9 and one Saturday from 9 am-4 pm with a 1 hour break.

Upcoming Dates:

Feb 13 (Saturday)/March 14&21 (Mondays)/April 16 (Saturday)/May 9&16 (Mondays)/June 11 (Saturday)/July 11&18 (Mondays).

Registration is required. Please call Jennifer Gray at CCETompkins at 607-272-2292 x243 or email jcg33@cornell.edu for a registration form. FREE

Read!

Connect with the joy of communal reading at local family story times:

1

LANSING PUBLIC LIBRARY

Preschoolers: Tues
@1pm

Toddlers: Thurs @10:30
am

2

TOMPKINS COUNTY PUBLIC LIBRARY

Babies: Fri @10:30 am
Toddlers: Tues @11am
Family: Sat @11 am

3

SOUTHWORTH LIBRARY (DRYDEN)

Infants and Toddlers:
Wed @10 am
Preschool: Fri @ 10 am

Child
Care



Emergency Scholarship

*Helps Families facing financial emergency to pay a back child care bill.

* One time scholarship paid directly to the child care program/provider.

* To be eligible you must use legal child care in Tompkins County.

Preference is given to single parent families, families with more than one child in care, and families working in low paying jobs, or looking for work.

For an application, call the Child Development Council at 607.273.0259. Scholarships are made possible by donations from United Way, the Park Foundation, and private donations.

