

## Ten Little Known Black History Facts

"History is often reduced to a handful of memorable moments and events. In Black history, those events often include courageous stories like those of The Underground Railroad and historic moments like the famous "I Have a Dream" speech by Dr. Martin Luther King, Jr. But these are only a few of the significant and important events to know and remember. "Read more at: <http://www.pbs.org/black-culture/explore/10-black-history-little-known-facts/t>



## Activity: String Challenge/Transformation



Materials: one or more 36 inches string.

Age: 2-5

Helps: motor skills and discovery

Give the child a piece of string that is about 36 inches long. Tell the child she/he can wiggle it and squiggle it and change the string a lot. Ask him/her to make a to use the squiggly string to make any shape or design on the floor. Invite them to share about what they created and then have him/her change the picture. Talk about the changes the shape of the string into many different things.

Talk with your child how many things (objects) can transform into something new.

This can be a fun activity to do with the family as well. Each member of the family can add on a different shape to create a collaborative design. Take the string along with you and make different shapes in different setting. Have Fun!!

## February Snack Corner

Ingredients:

whole wheat bread  
peanut butter or sun butter, if allergies  
banana slices  
raisins



Why not read a book with your snack?  
Bear Snores On by Karma Wilson is a great one!



## Staff Highlight



My name is Jessica Soto-Moyer. I genuinely enjoy working with children and their families. It is my goal to help build a strong family relationship and a united community. Family values are the root of a compassionate child, and a compassionate child is the root of a strong community.





January 2021 is Human Trafficking Awareness Month. Several resources are dedicated to supporting our community who are at risk, are survivors, and are currently experiencing exploitation. We urge everyone to learn what our communities in Tompkins and Cortland Counties are doing to take on human trafficking and exploitation.  
<http://www.listenforthesigns.org/#listen-for-the-signs>  
<https://www.facebook.com/pottershandsfoundation/>

**“Play is often talked about as if it were a relief from serious learning. But for children play is serious learning. Play is really the work of childhood.”**  
— Fred Rogers, television personality

Make a Peanut Butter Pine Cone Bird Feeder!  
<https://preschoolinspirations.com/pine-cone-bird-feeders/>



**“Children have never been very good at listening to their elders, but they have never failed to imitate them.”**  
— James Baldwin, novelist and social critic



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