



# CHILD DEVELOPMENT COUNCIL

# Network News

Volume 31 Number 1

January/February/March 2010



*Sitting from left to right - Nancy Radar, Beverly Laforse, Mary McGinnis Standing from left to right - Nancy Potter, Mark Jasinski, Amy Kuo Somchanhmavong, Stephanie Hayes, Cindy Noble, John White, Janette McCord, Carolyn Koppel and Cheri Kruse Absent: Carol Sammis*

Pictured above are the members of the Board of Directors of the Child Development Council. Their 'behind the scenes' work results in the policies and practices that guide the agency. Board members secure sustainable funding, bring new initiatives to our programs, and create a professional working environment at the Council. Decisions of this team, and those that came before them, have resulted in what we are today. In 2009, the current Board lead the agency through our name change and all it entailed - new website, signage and an image shift in the community.

Board members are volunteers. Some are newly involved; others have served several terms, demonstrating decades of support for the Council's work. We applaud them for finding the 'extra' time and expertise to commit to our mission statement – "to promote the healthy development of children and families at home, in child care, and in the community."

We know there are challenges ahead. We know this board will responsibly tackle them, guided by the vision of the Council's service to families. As staff and participants in the larger community, we appreciate their leadership and support for our work. A big 2010 thank you to our Board of Directors!

## When is it too cold to go outside (or too warm)?

This question comes up often, more in the winter months than the summer months, but child care programs often wonder when the weather is considered so unsafe that they should not take children outside to play. Keep in mind that “daily supervised outdoor play is required for all children in care, except during inclement or extreme weather or unless otherwise ordered by a health care provider” per regulation (only exception is School-Age Child Care). It is important that child care providers are aware of the weather in order to protect the health and safety of children in care.

In order to plan your day appropriately so that you and the children can get outside, keep an eye on the weather conditions throughout the day. It may be more comfortable for children to play outside in the afternoon during the winter months when it is warmer, but better for children to play outside in the mornings during the summer months before it gets too hot. Your schedule should be flexible enough to accommodate changes in weather so that children can get outside on most days. It is also vital that children are dressed appropriately for the weather, i.e., lightweight cotton in the summer months and layers for the winter months. Remember to keep children well hydrated. They can get pretty warm in snowsuits in the winter. Sunscreen can and should be used year round. A great resource, Child Care Weather Watch, can be found on-line at: [www.idph.state.ia.us/hcci/common/pdf/weatherwatch.pdf](http://www.idph.state.ia.us/hcci/common/pdf/weatherwatch.pdf).

This chart gives guidelines for when it is comfortable (or not wise) to play outdoors, both when it may be too cold (including wind-chill) or too hot. If you are unable to access this chart on-line, call the Council and we will make a hard copy for you. There is a lot of fun and learning to be had outside. Watching the weather throughout the day ensures that you and the children will get outside and enjoy those opportunities often.



### Keep children active in the colder months!

Try some of these activities for TV Turnoff Weeks, April 19 to 25 and September 19 to 25.

- Make and fly paper airplanes.
- Make a cave or fort inside (blanket over a card table).
- Bake bread (kneading makes strength!). See recipe on page 6.
- Plan short “exercise breaks” throughout the day... with shoulder rolls, jumping jacks, or downward dog yoga pose.
- Tape paper to a wall and have children draw a mural of an animal.
- Play “Pin the ... on the ...” for example, tail on the monkey, trunk on the elephant, etc.
- Use plastic bottles and an inside safe ball for bowling.
- For those who need “screen viewing”... transform an appliance box into a “TV set” and act out your own shows!

For more information about the 2010 TV Turnoff Weeks go to [www.tvturnoff.org](http://www.tvturnoff.org).

## QUALITYstarsNY

### What is it and what does it mean for you?

QUALITYstarsNY is a system for quality improvement and recognition for early childhood programs here in New York State. It is designed to recognize quality in programs that go above and beyond our regulatory standards. It is also designed to assist programs in improving quality by providing supports such as technical assistance and professional development.

The field test of this program is currently underway in NYS; it will provide information to guide the process for statewide implementation. The NYS Early Childhood Professional Development Institute (PDI), housed at the City University of NY, is coordinating the field test and many communities across the state will be participating (not Tompkins County).

Programs will be rated at five levels from One-Star to Five-Stars and that level will be communicated to the public to support families in their search for quality early childhood services.

***Will participation in QUALITYstarsNY be required?*** No, participation is voluntary. However, if you want to join, just being registered or licensed and filling out a brief application gives you a One-Star rating.

***What would I have to do to increase my star rating?*** As an example, in the rating for Family Child Care, there are 4 areas – Learning Environment, Family Engagement, Qualifications and Experience, and Leadership and Management. Within these 4 areas are criteria that can be met to improve your rating.

***Where can I find out more about QUALITYstarsNY?*** For more information, you can visit [www.earlychildhood.org](http://www.earlychildhood.org) or [www.qualitystarsny.org](http://www.qualitystarsny.org) or you can call the Council.

## OCFS Regulations

Thank you for sending in your comments on New York State child care regulations. The Child Development Council has compiled responses from center directors, SACC directors, group and family child care providers, and parents. Your suggestions have been forwarded to the Early Care and Learning Council in Albany, along with statewide groups, health care consultants, and other Child Care Resource and Referral agencies like ours.

### *Next Steps*

All comments will be compiled and forwarded to the NYS Office of Children and Family Services. OCFS will continue to receive input from parents, providers and unions. All legislative bills (some requirements are written into law) and regulatory changes will be posted for public comment. At this point, your comments are more important than ever. We will keep you informed as we learn more.

**New CACFP Participants:**

Karel Jackson, LE  
Audrey Whyte, FDC

**New Registered FDC Providers:**

Aleshia Rauch, Dryden  
Stacy Wilder, Lansing

**New Licensed GFDC Providers:**

Earth Rhythms Home Preschool, Ithaca  
Sprout Nursery School, Ithaca



My name is Lilly Hartman and I am the new Referral Specialist at the Child Development Council. Before taking this position, I worked at Cornell's Gannett Health Services and went to Syracuse University for graduate school. In the past few years, I've also volunteered for United Way and the VITA free tax preparation program.

At the Child Development Council, I maintain a database of regulated child care providers' services and openings to assist parents in finding child care options that match their families' needs. It has been a pleasure meeting child care providers in person and on the phone over the past few months. I am in awe of the work you all do for our county's families and children, and I hope that my work makes your lives easier.



Hi, my name is Giancarlo (or just Gian) D'Orazio. Prior to working for the Child Development Council, I worked for the Ithaca Youth Bureau with a variety of youth development programs. Before that, I attended Hobart College in Geneva to study Anthropology and educational policy and worked for a number of years at an after-school program.

I started here in late September as a Registrar for School Age After School Programs and Family Day Cares. Feel free to get in contact with me and don't be afraid to get my name wrong (I'm used to it).

**Medication Administration Training (MAT) Reminder**

If you have several staff members who are MAT trained, this reminder is for you. As staff members come and go, you need to update your current list of MAT trained staff. Your Health Care Consultant needs to be notified of these changes and is required to sign off on them. You must not leave individuals who are no longer working with you listed under your program. It is also important to keep track of your staff members' First Aid and CPR training status. If either certificate is outdated, a staff member is unable to administer medications.



If you have questions, you can contact me at (607) 753-6124. I am also available for any other questions or concerns related to medication administration.

Stacy Marko, RN, Child Care Health Consultant



# Child Development Council Educational Opportunities

## Important Changes Regarding Registration

Early registration is suggested for all workshops. We will not be able to consider you registered until we receive payment. We are raising the rates for individual registration to \$15 per workshop. However, if you register and pay for 3 workshops in advance the fee will be \$10 each, \$30 total. Total payment must be made by the early registration date of the first workshop you want to attend. We cannot refund registration fees or exchange workshops. You may transfer the workshop to another provider if you cannot attend. This policy is in effect as of January 1, 2010. We hope this helps with your planning and avoids any last minute cancellations of workshops due to low attendance.

If a workshop is cancelled due to bad weather or low registration we will make every effort to contact those who preregister and give you credit.

Emergency Contact phone number during trainings is 607-273-6590 ext. 237.

PLEASE BE AWARE OF THE STARTING TIME OF EACH WORKSHOP.

These workshops are useful for both new and experienced providers!

January 25, Monday 6:30-8:30p.m. **Roundtable with Laurie and Gian.** The Roundtables are really growing into popular events! Family and Group Family providers are invited to attend to hear the latest information, discuss business and program issues. FREE (2 hrs. \*BR, \*DCR)

February 9, Tuesday 6:30-8:30p.m. **What's Deductible? Tax Issues for Child Care Providers.** Mary Brouchard, a CPA in private practice in Trumansburg, will present. If you're a child care provider with questions about what is tax-deductible for your business, then this workshop will be of interest to you. It will cover what you need to report as income, what constitutes a business expense, and will look at the issues around the business use of your home for child care. Self-employment tax and the importance of keeping good business records will be touched on. If you have questions, bring them! There's always new information regarding taxes! (2 hrs. \*BR)

\*(Requirements: CD=Principles of Child Development, N=Nutrition and Health, P=Program Development, S=Safety and Security, BR=Business Record Maintenance & Management, CAID=Child Abuse & Maltreatment Identification & Prevention, DCR=Statutes & Regulations Pertaining to Child Day Care, CAR=Statutes & Regulations Pertaining to Child Abuse & Maltreatment, SBS=Shaken Baby Syndrome.)

## Registration Form - Child Development Council Workshops

1/25, Mon. 6:30-8:30 p.m. Roundtable with Laurie and Gian	Preregister by Jan. 18,	No Fee _____
2/9, Tues. 6:30-8:30 p.m. What's Deductible? Tax Issues for Child Care Providers	\$15 by Feb. 2,	\$20 after _____
2/24, Wed. 6:30-8:30 p.m. Best Practices in Planning Healthy Meals	Free to CACFP Participants	_____
3/9, Tues. 7 - 9 p.m. Communicating With Parents and Families	\$15 by Mar. 2,	\$20 after _____
3/23, Tues. 6:30-8:30 p.m. Child Abuse and Maltreatment and Shaken Baby Syndrome	\$15 by Mar. 16,	\$20 after _____
4/20, Tues. 6:30-8:30 p.m. How to Use Your Computer to Maintain your CACFP Records	Free to CACFP Participants	_____
5/1, Sat. 9 - 11 a.m. Expanding Books into Program Activities	\$15 by Apr. 23,	\$20 after _____
5/1, Sat. 11:15 a.m. - 1:15 p.m. Expanding Books into Program Activities	\$15 by Apr. 23,	\$20 after _____
5/11, Tues. 7 - 9 p.m. Working With Children With Challenging Behaviors	\$15 by May 4,	\$20 after _____

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Please send completed form and payment to: Child Development Council, 609 W. Clinton St., Ithaca, NY 14850  
Training cancellation decisions will be made 3 days before class, if there is lack of sufficient registration.

February 24, Wednesday 6:30-8:30 p.m. **Best Practices in Planning Healthy Meals.** Judy Kern, our CACFP specialist, will present. Follow the new CACFP Meal Patterns and enhance the quality of the meals you serve. FREE TO CACFP PROVIDERS. (2 hrs.\*P; \*N)

March 9, Tuesday 7-9p.m. **How to Talk So Parents Will Listen, How To Listen So Parents Will Talk...A Workshop On Communicating With Parents and Families.** Bridgid Beames, Head of Namaste Montessori School, will present. This workshop is for all caregivers who interact with parents and families. Learn how to foster positive relationships with families, communicate effectively, respect diversity, get families involved and handle difficult conversations. Lots of practical examples and easy ways to build better relationships. (2 hrs. \*P)

March 23, Tuesday 6:30-8:30p.m. **Advocacy Center: Child Abuse and Maltreatment and Shaken Baby Syndrome.** Heather Campbell will present. This topic is more than a requirement, it's vital for the protection of children. Get the facts, learn the signs. You will be able to ask questions and share experiences during this workshop. (2 hrs. \*S, \*CAR, \*SBS)

April 20, Tuesday 6:30-8:30p.m. **How to Use Your Computer to Store and Maintain your CACFP Records.** Ann Turcsik, CACFP Administrative Assistant, will present. Simplify your record keeping (and reduce needed storage space) and keep menus and attendance on your computer and back up files. **Serving Family Style** - Betty Yaichuk, Group Family provider, will present. Stop being a waitress at mealtime! The importance of role modeling, mealtime discussions and the skills children learn. FREE TO CACFP PROVIDERS. (2 hrs. \*N, \*BR)

#### **Saturday Workshops: Attend one or both!**

May 1, Saturday 9:00-11:00a.m. **Expanding Books into Program Activities.** Suzanne Foote, Director of East Ithaca Preschool, will present. Take The Very Hungry Caterpillar or If you Take a Mouse to School and turn favorite books into creative and dramatic play. Children love to act out characters and make their books come alive! This will be a fun, hands-on workshop with new ideas for your program. (2 hrs. \*P, \*CD)

May 1, Saturday 11:15a.m.-1:15p.m. **Reading Is More Than Calling Words.** Marcia Riley, former elementary librarian for Batavia Public Schools, will present. Story-time should open up children's creative juices, making them curious and excited. Learn the techniques of true storytelling to liven up your interest and make reading more than a filler during transition time. (2 hrs. \*P, \*CD)

May 11, Tuesday 7:00-9:00p.m. **Frustrated? Overwhelmed? Stressed? Not sure What to Do Next? ...A Workshop on Working With Children With Challenging Behaviors.** Brigid Beames, Head of Namaste Montessori School, will present. At some point in their career, every caregiver experiences crazy days, children who test limits, or children who act inappropriately in their environments. Where do you turn when you've used up your bag of tricks and aren't really sure what to do next? How can you prevent discipline concerns from snowballing into disruptive behaviors? This workshop addresses why Toddlers and Preschoolers may act in unacceptable ways, how to help them stop acting in those ways and how to create an environment that supports positive behaviors. We'll talk about practical skills and techniques caregivers can use in their settings to create more peaceful environments. (2 hrs. \*P, \*CD)

## **SUNY Video Conferences**

**Time and Location:** Thursdays - 6:45-9:15 p.m. at the Child Development Council.

All video conferences are free. **Doors are locked at 7:15 p.m.**

March 25th      April 22th      May 20th      September 16th      October 14th

**Check the OCFS Web site for future topics.**

<http://www.ocfs.state.ny.us/ohrd/schedule.asp>

**To register for Video Conferences:** Send your name, address, phone number, the dates and titles of sessions you'd like to attend and Site #619 (Tompkins/Ithaca) to: Early Childhood Education and Training Program, 22 Corporate Woods Blvd., 3rd floor, Albany, NY 12211. Fax to (518) 443-5941 or register on-line at [www.ecetp.pdp.albany.edu](http://www.ecetp.pdp.albany.edu)

**Note:** All registrations must be made through SUNY Albany.

To confirm your registration, call toll-free # 1-888-399-0549.

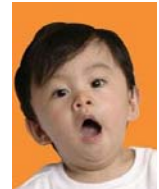


# Parenting Playground

brought to you by  
Child Development Council  
609 West Clinton Street, Ithaca, NY 14850  
(607) 273-0259  
www.ChildDevelopmentCouncil.org  
January/February/March 2010



## Expressing Emotions



Although children are born with individual temperaments, parents can impact how their children recognize, express, and react to emotions. The way parents show and react to their own emotions teaches children through modeling.

Research has also shown that the more often adults talk about emotions with children, the better children can manage their own negative emotions and get along with peers.

By 2-3 years old, children begin to label emotions verbally, and to talk about the causes and results of emotions. You can help your child identify emotions before he or she experiences them by using pictures in books or by playing a game in the mirror. Labeling and talking about emotions allows children to share feelings and receive feedback about how to express or resolve them. With your help, young children can learn to recognize and manage their feelings in a healthy way.



*References: 1) Denham, Susanne et al. "Parental Contributions to Preschoolers' Emotional Competence: Direct and Indirect Effects." Motivation and Emotion 21(1). 1997. 2) Kopp, Claire. "Regulation of Distress and Negative Emotions: A Developmental View." Developmental Psychology 25(3). 1989.*



## Baby Einstein Upgrades from Disney

The Walt Disney Company is offering refunds, or upgrades, for up to 4 "Baby Einstein" videos that you may have purchased in hopes of increasing the intellect of infants. Baby Einstein was founded in 1997. Disney acquired the company in 2001.

Consumers are given the option of exchanging their video for a different one, receiving a discount coupon, or receiving \$15.99 each for up to 4 returned DVDs. A receipt is not required and the offer is good until March 10, 2010.

For more information regarding eligibility guidelines and for the mail-in certificate visit:

[www.babyeinstein.com/parentsguide/satisfaction/upgrade\\_us.html](http://www.babyeinstein.com/parentsguide/satisfaction/upgrade_us.html)

If you do not have access to the Internet and would like a mail-in certificate, call our office and we will mail one to you.

Just a reminder that the American Academy of Pediatrics recommends no screen time at all for children under 2 years of age. Any television viewing for children less than 2 can be potentially harmful.



*References: Lewin, Tamar. "No Einstein in Your Crib? Get a Refund." New York Times. October 23, 2009.*

## Child Tax Deductions and Credits for Parents

Everyone should file state and federal tax forms; even if your earnings were small you may be entitled to receive a refund or credits. Be sure to check out these and other credits you may be eligible to receive, to reduce your taxes due or increase your refund:

**Child & Dependent Care Tax Credit** - These federal and New York State credits are available for parents who use child care for children under age 13 while they work, look for work, or go to school. Learn more about the federal credit, worth up to 35% of child care expenses at the IRS website or by calling the IRS Helpline at 1-800-829-1040. Learn more about the state credit, worth up to 100% of the federal amount, at the NYS Department of Taxation and Finance website or by calling the Tax Information Center at 1-800-225-5829.

In order to claim child care expenses on your taxes, you will need to have your child care provider's taxpayer ID number or Social Security Number. You also need an accurate record of the amount you paid for child care in 2009.

**Earned Income Tax Credit** - These federal and New York State credits are available for working people with low to moderate incomes. Learn more about the federal credit, worth up to \$5657 for 2009, at the IRS website or by calling the IRS Helpline at 1-800-829-1040. Learn more about the state credit, generally 30% of the federal amount, at the NYS Department of Taxation and Finance website or by calling the Tax Information Center at 1-800-225-5829.

**Federal Child Tax Credit and Empire State Child Credit** – These credits are available for parents raising children under age 17. Learn more about the federal credit, worth up to \$1,000 per qualifying child for 2009, at the IRS website or by calling the IRS Helpline at 1-800-829-1040. Learn more about the state credit at the NYS Department of Taxation and Finance website or by calling the Tax Information Center at 1-800-225-5829.

## Free Tax Assistance

**Alternatives Federal Credit Union (AFCU) Community Tax Program:** Trained volunteers provide free electronic tax filing for low-income families. Taxpayers making up to \$49,000 (\$30,000 for individuals with no dependents) in 2009 generally qualify. The location, 125 N. Fulton Street, Ithaca will be open January 19-April 10: Tuesdays, Wednesdays and Thursdays from 3-8pm, and Saturdays from 10am-2pm. Call 211 (or 1-877-211-8667) to make an appointment. You do not need to be an Alternatives member to use this service.

**Tax Counseling for the Elderly:** Trained volunteers with a commitment to supporting those in need of tax assistance provide free electronic tax filing for senior citizens, people with limited incomes, and people with disabilities. Income guideline for individuals is \$43,000 or less. Clinic hours at Lifelong, 119 W. Court St., Ithaca, beginning January 1: Thursday 12pm-6pm, Friday 9am-1pm, and Saturday 9am-1pm. Home visits based on volunteer availability. By appointment only, call 273-1511. Program sponsored by Lifelong and Retired Senior Volunteer Program (RSVP).

## Preparing for Tax Season

Parents will soon be asking child care programs for Taxpayer ID Numbers or Social Security Numbers and a summary of child care receipts for 2009.

If you hire workers, you are responsible for providing the IRS and your workers with information about their 2009 earnings and taxes withheld.

Everyone should file state and a federal tax forms; even those whose earnings were small may be entitled to receive a refund or credits. If you operate a child care program in your home, refer to *2009 Instructions for Schedule C: Profit or Loss From Business* for allowed expense categories, and refer to *2009 Instructions for Form 8829: Expenses for Business Use of Your Home*.

The Child Development Council will offer a training on tax issues for child care providers February 9; check it out in the Training section of this *Network News*.

### Requesting a Federal Tax ID Number (Employer ID Number, or EIN)

An Employer Identification Number (EIN) is a unique, 9-digit number assigned to a business by the IRS. EINs are used for business tax returns, business permits, and other forms. All employers are required to have EINs. Sole proprietors without employees may choose to use an EIN or their Social Security Number to identify their business.

Karen E. Klein, of *BusinessWeek*, recommends that sole proprietors use an EIN to help distinguish between personal and business finances. Using an EIN can also protect your privacy and make your business feel more official or professional.

You can apply for an EIN online, by phone, fax, mail, or in-person. You can begin to use your EIN right away, but keep in mind that it can take up to two weeks before your EIN becomes part of the IRS' permanent records and can be used to electronically file tax returns.

**Online:** Visit [www.irs.gov/businesses](http://www.irs.gov/businesses), and look for the *Employer ID Numbers* link on the left-hand side. You can download *Form SS-4* to fax or mail your request, or complete a free online application.

**By Phone:** Call 1-800-829-4933, Monday-Friday 7:00 a.m.-10:00 p.m.

*References: 1) Employer ID Numbers (EINs). Internal Revenue Service. www.irs.gov/businesses. 2) Klein, Karen E. "Do I Need an Employer ID Number?" BusinessWeek. October 4, 2006. www.businessweek.com. 3) Longley, Robert. "Do You Need a Federal Tax ID Number?" usgovinfo.about.com.*

#### Nursery School Network

Second Wednesdays  
1 - 2:30 p.m.

January 13 at  
St. Paul's

February 10 at  
Child Development Council

March 10 at  
UCNS

#### SACC Forums

Second Tuesdays  
10:30 - Noon  
at Child Development  
Council

January 12

February 9

March 9

#### Center Directors' Group

Second Thursdays  
1:30 - 3:30 p.m.  
at Child Development  
Council

January 14

February 11

March 11

## New 'Healthy' Meal Patterns from the NYS Department of Health and Child and Adult Care Food Program (CACFP)

*Obesity is an epidemic in this country and in New York State. This epidemic begins in the early childhood years. Today, more than 31% of New York's pre-school children are overweight or obese. Overweight pre-school children are more likely to be overweight during adolescence and adulthood. The impact of overweight and obesity includes social isolation, depression, and increased likelihood of developing debilitating chronic diseases such as diabetes mellitus and cardiovascular disease.— Lynne Oudekerk, Acting State Director of the CACFP*

Serving healthy foods to children may reduce the prevalence of overweight among children by promoting healthier life patterns that they will carry into adulthood. A child in full-time child care consumes as much as 80% of his or her daily intake of calories and nutrients while in care. CACFP has revised and renamed its Child Meal Pattern to reflect the important role that CACFP participating child care programs play in serving healthy foods.

These Healthy Meal Patterns focus on reducing fat and sugar. The **required** changes include serving unflavored 1% and nonfat milk, limiting the servings of 100% juice and “sweet grains,” serving low fat yogurt without artificial sweeteners, and encouraging water as a snack beverage. The NYS DOH CACFP also included several **recommendations** that would further enhance the quality of meals served. These include preparing foods without additional sugar, fat or salt, serving fresh fruits and vegetables when possible, serving foods high in vitamins A and C, and serving more whole grains, lower fat meat and meat alternates, and low fat cheese.

Please call Judy Kern, CACFP Specialist at the Child Development Council, if you have any questions.

### Bread in a Bag

This activity works best when children work in small groups or with a partner.

In a one gallon (heavy duty) Ziploc bag, mix:

- 1/2 cup flour
- 1 pkg. or 2 1/4 teaspoons yeast
- 1/2 cup warm water
- 2 tablespoons sugar

Close bag and knead it with fingers until the ingredients are completely blended. Leave bag closed, with contents in the corner, and let dough rest 10 minutes. Then add:

- 2 cups flour
- 3/4 cup warm water
- 1 tablespoon vegetable oil
- 2 teaspoons salt



Mix well. Add enough flour to make a stiff dough, about 1 or 1 1/2 cups. Close the bag and knead it (you may need to remove some air in the bag). Add more flour until dough no longer sticks to the bag. Let the dough rest for 5 minutes. Open the bag and allow the dough to fall out onto clean or gloved hands. Spray the hands or gloves with oil so there will be no sticking. Form the dough into a loaf and place in a loaf pan or onto a cookie sheet. Remember the dough will grow 1 1/2 times larger, so leave space between loaves if baking on a cookie sheet. Allow it to rise 30 (quick rise) to 45 minutes. Bake 30-35 minutes in a 350 degree oven. Delicious!





**Child Development Council**  
609 W. Clinton St.  
Ithaca, NY 14850

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**The Council will be closed:**

January 1, January 18 and February 15

## Staff

### Administration

Sue Dale-Hall, Executive Director  
Diane Feldman, Fiscal Manager  
Chris Hart, Program Assistant  
Sylvia Lott, Executive Assistant  
Maureen Reedy, Child Care Support Services Director  
Ann Turcsik, Program/Administrative Assistant  
Lynne Whetzel, CCRR Director

### Program Staff

*Family Support Services (FSS), Child Care Resource and Referral (CCRR), Child Care Support Services (CCSS), Teen Pregnancy/Parenting (TP3)*

Peggy Arcadi, Case Manager TP3  
Marie Boyer, Case Manager TP3  
Diana Crouch, Child Care Specialist CCSS  
Rebecca Curren, Case Manager TP3  
Giancarlo D'Orazio, Child Care Specialist CCSS  
Lillian Hartman, Referral and Eligibility Specialist CCRR  
Laurie Hobler, Child Care Specialist CCSS  
Judy Kern, CACFP Specialist CCRR  
Judy Lauper, Family Support Worker FSS  
Margaret Slattery, Child Care Specialist CCSS

## Board of Directors

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Carolyn Koppel, Nurse Practitioner, Buttermilk Falls Pediatrics  
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Nancy Rader, Professor of Psychology, Ithaca College  
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